

SA National Aquatic SNR-Champ 2025-PE - 09/04/2025 to 13/04/2025**Results****Event 301 Women 100 LC Meter Freestyle****54.25 WQA****56.15 WQB**

	Name	Age	Team	Seed Time	Prelim Time	
Preliminaries						
1	Nel, Olivia	22	Western Cape Aquatics-WC	55.20	55.77	qWQB
2	Gallagher, Erin P	26	Aquatics Gauteng Tshwane-TS	56.13	55.82	qWQB
3	De Lange, Caitlin A	21	Aquatics Gauteng Tshwane-TS	55.51	56.00	qWQB
4	De Villiers, Michaela K	22	Western Cape Aquatics-WC	56.50	56.79	q
5	Nel, Georgia	22	Western Cape Aquatics-WC	55.30	56.84	q
6	Thompson, Jessica L	17	Aquatics Gauteng Ekurhuleni-EK	56.51	56.97	q
7	Van Rooyen, Carissa	22	Aquatics Gauteng Ekurhuleni-EK	58.04	57.57	q
8	Mouton, Hannah L	17	Aquatics Gauteng Tshwane-TS	58.26	57.66	q
9	Knoblauch, Cara	18	Western Cape Aquatics-WC	58.16	57.67	q
10	Morris, Grace	17	Western Cape Aquatics-WC	58.11	57.87	q
11	Robertson, Hannah K	20	Aquatics Gauteng Tshwane-TS	57.94	57.95	q
12	Carmody, Jessica M	17	KwaZulu Natal-ET	57.42	58.09	q
13	Venter, Kendra	18	Eastern Cape Aquatics-BU	58.61	58.27	q
14	Davidson, Lize-Marie	21	Free State Aquatics-FS	59.18	58.55	q
15	Straw, Sam	23	Aquatics Gauteng Tshwane-TS	58.63	58.69	q
16	Groepes, Rachel L	19	Aquatics Gauteng Tshwane-TS	58.95	58.75	q
17	Mote, Jaime L	16	Eastern Cape Aquatics-BU	58.44	58.82	
18	Coetzee, Lise	20	Aquatics Gauteng Tshwane-TS	59.70	58.88	
19	Vyncke, Giuliana	15	Aquatics Gauteng Tshwane-TS	58.62	59.01	
20	Lindsay, Tannah K	18	Aquatics Gauteng Ekurhuleni-EK	58.82	59.02	
21	Meikle, Carla C	22	KwaZulu Natal-ET	59.60	59.11	
22	Herbst, Kerryn L	22	Aquatics Gauteng Tshwane-TS	59.85	59.14	
23	Liebenberg, Sune	21	Aquatics Gauteng Tshwane-TS	59.75	59.40	
24	van Schalkwyk, Corne	19	Aquatics Gauteng Tshwane-TS	58.82	59.48	
25	Helmand, Anieke	20	Free State Aquatics-FS	59.02	59.54	
26	Le Roux, Scarlett	16	Aquatics Gauteng Ekurhuleni-EK	59.03	59.57	
27	Robson, Tazmyn	19	Aquatics Gauteng Tshwane-TS	59.37	59.58	
28	Baptiste, Taneal A	25	Aquatics Gauteng Tshwane-TS	1:00.34	59.61	
29	Voke, Tori P	19	Aquatics Gauteng Tshwane-TS	59.95	59.66	
30	Spies, Gemma T	13	Eastern Cape Aquatics-BU	1:00.06	59.69	
31	Robinson, Daena M	17	KwaZulu Natal-ET	59.42	59.70	
32	Wessels, Christine	19	Aquatics Gauteng Tshwane-TS	1:00.29	59.73	
33	Claassen, Ella-May	18	Aquatics Gauteng Tshwane-TS	59.64	59.81	
34	Laderach, Jesse-Leah	16	Eastern Cape Aquatics-BU	1:00.43	59.87	
35	Maritz, Gizelle G	16	Aquatics Gauteng Johannesburg-JH	59.27	59.94	
36	McMorran, Leigh	20	Aquatics Gauteng Johannesburg-JH	1:00.81	59.96	
37	Fourie, Xandri	18	Aquatics Gauteng Tshwane-TS	59.90	1:00.09	
38	Kotze, Abigail	15	Western Cape Aquatics-WC	59.24	1:00.14	
*39	Gous, Sienna R	15	Eastern Cape Aquatics-BU	1:00.71	1:00.42	
*39	Buys, Johanna J	24	Aquatics Gauteng Tshwane-TS	58.04	1:00.42	
41	Pearse, Hannah C	22	Aquatics Gauteng Tshwane-TS	1:00.28	1:00.67	
42	Lambert, Bailey G	15	KwaZulu Natal-ET	59.54	1:00.82	
43	Dredge, Ruth J	16	Aquatics Gauteng Tshwane-TS	1:02.02	1:00.89	
44	Markgraaff, Leah	15	Aquatics Gauteng Tshwane-TS	1:01.52	1:01.05	
45	Labuschagne, Alex-Zandre'	16	KwaZulu Natal-ET	1:00.43	1:01.10	
46	Jacobs, Marony	17	Eastern Cape Aquatics-BU	1:00.63	1:01.17	
47	Snyman, Zanè	21	Free State Aquatics-FS	59.95	1:01.19	
*48	Griffiths, Zoe	18	Aquatics Gauteng Tshwane-TS	1:02.97	1:01.22	
*48	Cornelius, Jolene	20	Aquatics Gauteng Tshwane-TS	1:02.46	1:01.22	
*50	Helberg, Gabriella	18	Aquatics Gauteng Johannesburg-JH	59.90	1:01.24	
*50	De Jongh, Grace	19	Western Cape Aquatics-WC	1:01.82	1:01.24	

SA National Aquatic SNR-Champ 2025-PE - 09/04/2025 to 13/04/2025**Results****Preliminaries ... (Event 301 Women 100 LC Meter Freestyle)**

	Name	Age	Team	Seed Time	Prelim Time
52	Begley, Kendra	16	Eastern Cape Aquatics-BU	1:01.88	1:01.40
53	Du Plessis, Rouxne	15	Aquatics Gauteng Tshwane-TS	1:02.26	1:01.54
54	Fuller, Jenna-Laine	23	Aquatics Gauteng Tshwane-TS	1:00.72	1:01.57
55	Christie, Leah E	20	Western Cape Aquatics-WC	1:00.48	1:01.59
56	Meter, Jess L	19	Aquatics Gauteng Tshwane-TS	1:01.26	1:01.91
57	Kuun, Melissa	17	Western Cape Aquatics-WC	1:03.10	1:02.02
58	Lombard, Jana	17	Western Cape Aquatics-WC	1:02.50	1:02.26
59	Landmann, Julie	18	Aquatics Gauteng Tshwane-TS	1:02.11	1:02.75
60	Mbatha, Lwethu T	22	Aquatics Gauteng Tshwane-TS	1:02.93	1:02.80
61	Olivier, Chloe	16	Aquatics Gauteng Ekurhuleni-EK	1:04.01	1:03.09
62	Prinsloo, Mila	18	Western Cape Aquatics-WC	1:02.79	1:03.12
63	Collett, Jordyn D	17	Aquatics Gauteng Tshwane-TS	1:04.21	1:03.75
64	Day, Romy A	18	Aquatics Gauteng Tshwane-TS	1:02.87	1:03.84
65	Hebler, Lily M	15	Western Cape Aquatics-WC	1:03.69	1:05.38
66	Brown, Amy	16	KwaZulu Natal-ET	1:07.72	1:06.75
67	Cloete, Kiera V	18	Aquatics Gauteng Johannesburg-JH	1:05.75	1:06.78

SA National Aquatic SNR-Champ 2025-PE - 09/04/2025 to 13/04/2025

Results - Day 3 Morning Heats 11/04/2025

#302 Men 100 Meter Free				58 Frew, Tristan M	18	KZNA-ET	53.97
48.34 WQA				*59 Pretorius, Luuk E	17	WCA-WC	54.02
50.03 WQB				*59 Gross-Mitchell, Travis K	19	AGC-TS	54.02
Name	Age	Team	Prelim Time	*61 Hutten, Ruan	22	AGC-TS	54.04
Preliminaries				*61 Brady, Jonathan L	15	AGA-EK	54.04
1 Coetzé, Pieter T	20	AGC-TS	49.18	63 Maritz, Armand	28	AGC-TS	54.21
2 Brooks, Guy C	22	KZNA-ET	49.39	64 Lotter, Jordan B	21	AGA-EK	54.29
3 Van Renen, Ruard	21	WCA-WC	50.21	65 Luus, Chris	23	WCA-WC	54.31
4 Mihaylov, Kris S	17	AGB-JH	51.05	66 Wright, Keegan	18	WCA-WC	54.41
5 Krüger, Arno S	22	AGC-TS	51.54	67 Govender, Dhilan	19	KZNA-ET	54.46
6 Van Rensburg, Anandt P	25	AGC-TS	51.57	68 Mhlanga, Bjorn N	18	AGC-TS	54.50
7 Egger, Declan C	20	AGA-EK	51.63	*69 Loots, Andre S	16	WCA-WC	54.55
8 Godfrey, Blake B	21	AGC-TS	51.65	*69 Kudwoli, Haniel	19	KENYA-ZZ	54.55
9 Godfrey, Aiden C	19	AGC-TS	51.66	71 Hunt, Matt P	18	KZNA-ET	54.63
10 Mahan, Owethu S	20	AGC-TS	51.90	72 Binsbergen, Kai	20	AGC-TS	54.64
11 Naidoo, Kaydn K	22	KZNA-ET	51.94	73 Albertyn, Connor S	21	AGC-TS	54.69
12 Esterhuysen, Joshua N	17	WCA-WC	52.01	74 Cooks, Chakota	20	AGA-EK	54.70
13 Bornman, Aiden	20	AGC-TS	52.08	*75 Kleynhans, Jeandre	19	AGC-TS	54.77
14 Pool-Jones, Jonah B	22	WCA-WC	52.17	*75 Davel, Estiaan C	21	NWS	54.77
15 Mahan, Tumelo E	18	AGC-TS	52.20	*75 Wimble, Callum A	21	KZNA-ET	54.77
16 Caldwell, Matthew D	19	AGA-EK	52.23	*78 Bromfield, Michael V	23	WCA-WC	54.78
17 Chapman, Brandon A	22	ECA-BU	52.27	*78 West, Gabriel	20	WCA-WC	54.78
18 Eaton, Jarden D	19	AGB-JH	52.34	80 George, Jeremiah	18	KZNA-ET	54.79
19 Thompson, Cameron K	19	AGB-JH	52.42	81 Le Roux, Philip	16	FSA-FS	54.82
20 Strydom, Cristopher R	18	AGA-EK	52.49	82 De Wit, Luan W	16	AGC-TS	54.94
21 Saliboko, Collins P	23	TAN	52.52	83 Raynard, Keyontae L	19	AGC-TS	54.96
22 Potgieter, Wikus R	20	WCA-WC	52.68	84 Whelan, Kai R	15	AGA-EK	55.01
23 Kotze, Eric B	15	WCA-WC	52.73	85 van Eeden, Christiaan T	18	NWS	55.05
24 Oliver, Cameron M	28	AGA-EK	52.85	86 Eilers, De-Anzo C	18	NC	55.08
25 Emslie, Joshua D	23	WCA-WC	52.88	87 Landmann, Ramon J	21	AGC-TS	55.14
26 Pretorius, Matthew J	18	ECA-BU	52.92	88 Forbes, Thomas P	20	WCA-WC	55.32
27 Landmann, Armand J	16	AGC-TS	52.94	89 Verwoerd, Wilhelm J	18	AGA-EK	55.36
28 Nel, Edmund A	18	NWS	52.97	90 Moynihan, Conor M	18	ECA-BU	55.38
29 Khonat, Rayhan	16	KZNA-ET	52.98	91 Wellmann, Arkell J	22	NSFED	55.56
30 Wessels, Guy T	17	AGC-TS	53.07	92 Kassebaum, Clayton N	18	AGB-JH	55.64
31 Dos Santos, Giano	22	AGC-TS	53.10	93 Wiggett, Dawid	19	AGB-JH	55.72
32 Trower, Nic T	16	WCA-WC	53.12	94 Minderon, Bryce	18	AGC-TS	55.77
33 Nortje, Gabriel P	23	KZNA-ET	53.13	95 Cartwright, Andrew G	19	AGC-TS	55.83
34 Burger, Neil	18	MP-EZ	53.15	96 Strydom, Conrad M	16	WCA-WC	55.86
35 Dredge, Elijah E	19	AGB-JH	53.20	97 Vorster, Wiaan	17	NWS	55.90
36 Moncherry, Adam J	26	WCA-WC	53.23	98 Jones, Kellen T	15	ECA-BU	56.25
37 Ndegwa, Stephen N	21	KENYA-ZZ	53.27	99 Wolmarans, Gideon J	21	AGC-TS	56.36
*38 Bradshaw, Jordan D	23	AGB-JH	53.37	100 Binsbergen, Mika	18	AGC-TS	57.07
*38 Sistenich, Dylan L	21	WCA-WC	53.37	101 Norton, Trent A	19	AGA-EK	57.33
40 Vd Merwe, Darno	20	AGC-TS	53.40	102 Mia, Sirhaan	18	WCA-WC	57.48
41 Clarke, Liam	17	WCA-WC	53.41	103 Labuschagne, Jeremy	19	WCA-WC	58.22
42 Van Heerden, Michael	17	AGA-EK	53.45	104 Marillier, Matthew P	19	KZNA-ET	58.30
43 Fairweather, Jared C	18	AGC-TS	53.47				
*44 Briggs, Jason D	17	AGB-JH	53.48				
*44 Wolfaardt, Bernard	22	AGC-TS	53.48				
46 Steyn, Stefan A	19	WCA-WC	53.56				
47 Pretorius, Nicholas J	15	ECA-BU	53.63				
48 Engelbrecht, Stephan	17	AGB-JH	53.76				
49 Evans, Hayden C	18	AGA-EK	53.82				
50 Pienaar, Harold W	16	AGA-EK	53.83				
*51 Morel, Daniel P	15	AGA-EK	53.89				
*51 Turpin, Nathan	21	AGA-EK	53.89				
*51 Gibson, Sean	17	KZNA-ET	53.89				
*54 Radley, Henning J	17	MP-EZ	53.90				
*54 Mulol, Daniel	19	AGC-TS	53.90				
*54 Piso, Jetro W	23	MP-EZ	53.90				
57 Friend, Nathanael	21	AGC-TS	53.94				

SA National Aquatic SNR-Champ 2025-PE - 09/04/2025 to 13/04/2025**Results****Event 303 Women 200 LC Meter Breaststroke****2:25.91 WQA****2:31.02 WQB**

	Name	Age	Team	Seed Time	Prelim Time	
Preliminaries						
1	Corbett, Kaylene	25	Aquatics Gauteng Tshwane-TS	2:22.87	2:27.13	qWQB
2	Meder, Rebecca A	22	KwaZulu Natal-ET	2:22.26	2:27.68	qWQB
3	Moll, Simone	20	Aquatics Gauteng Tshwane-TS	2:33.09	2:33.14	q
4	Meyer, Kate J	22	Aquatics Gauteng Tshwane-TS	2:37.06	2:34.73	q
5	Banza, Miela M	15	Mpumalanga Province-EZ	2:42.13	2:37.87	q
6	Van Heerden, Keira	17	Eastern Cape Aquatics-BU	2:31.82	2:37.95	q
7	Veldsman, Chanel	15	Aquatics Gauteng Tshwane-TS	2:34.04	2:38.08	q
8	Cope, Morgan M	18	Western Cape Aquatics-WC	2:33.67	2:40.27	q
9	Mc Colgan, Isabella L	18	Aquatics Gauteng Tshwane-TS	2:37.96	2:40.53	q
10	Mc Laren, Sarah L	18	KwaZulu Natal-ET	2:43.49	2:41.36	q
11	Van Den Berg, Gabriella	16	Aquatics Gauteng Tshwane-TS	2:41.25	2:41.86	q
12	Penn, Tyra	16	Aquatics Gauteng Johannesburg-JH	2:40.41	2:42.28	q
13	Taylor, Helen J	27	KwaZulu Natal-ET	2:40.64	2:43.27	q
14	Sikiotis, Cassandra H	17	Aquatics Gauteng Johannesburg-JH	2:42.47	2:43.37	q
15	Els, Georgia C	19	Aquatics Gauteng Tshwane-TS	2:36.39	2:45.66	q
16	Pharoah, Morgan L	19	Aquatics Gauteng Tshwane-TS	2:42.89	2:45.94	q
17	Viduya, Myra K	17	Eastern Cape Aquatics-BU	2:47.39	2:46.83	
18	Dal Medico, Michaela A	19	Aquatics Gauteng Tshwane-TS	2:44.27	2:49.10	
19	Evans, Caitlin N	14	Western Cape Aquatics-WC	2:43.37	2:49.31	
20	Fourie, Xandri	18	Aquatics Gauteng Tshwane-TS	2:42.09	2:51.26	
21	Cloete, Kiera V	18	Aquatics Gauteng Johannesburg-JH	2:48.62	2:56.70	
22	Allwood, Kate S	16	Western Cape Aquatics-WC	3:24.71	3:14.44	

SA National Aquatic SNR-Champ 2025-PE - 09/04/2025 to 13/04/2025**Results****Event 304 Men 200 LC Meter Breaststroke****2:10.32 WQA****2:14.88 WQB**

	Name	Age	Team	Seed Time	Prelim Time	
Preliminaries						
1	Randle, Matthew J	21	Aquatics Gauteng Tshwane-TS	2:12.00	2:16.92	q
2	Truter, Petrus C	21	Western Cape Aquatics-WC	2:14.98	2:17.54	q
3	Thomas, Shaun M	20	Aquatics Gauteng Tshwane-TS	2:17.48	2:17.84	q
4	Lange, Oliva N	21	Aquatics Gauteng Tshwane-TS	2:19.07	2:18.96	q
5	Niemand, Zaine	17	Aquatics Gauteng Tshwane-TS	2:20.55	2:19.78	q
6	Etzold, Peter S	19	Western Cape Aquatics-WC	2:14.35	2:20.27	q
7	Clayton, Franco P	18	Western Cape Aquatics-WC	2:19.01	2:21.01	q
8	Botha, Dylan	22	Eastern Cape Aquatics-BU	2:19.30	2:21.08	q
9	Phillips, Haytham	19	Aquatics Gauteng Tshwane-TS	2:24.19	2:24.67	q
10	Keylock, Kian C	19	Aquatics Gauteng Tshwane-TS	2:13.96	2:25.26	q
11	Smith, Chris F	19	Aquatics Gauteng Tshwane-TS	2:17.91	2:25.89	q
12	Holtzhausen, Neil	17	Northwest Swimming Federation	2:29.10	2:26.72	q
13	Heslop, Jonathan V	21	Aquatics Gauteng Tshwane-TS	2:25.13	2:28.47	q
14	Torricelli, Gianluca F	18	Aquatics Gauteng Tshwane-TS	2:27.21	2:29.19	q
15	Louw, Henre J	23	Aquatics Gauteng Tshwane-TS	2:20.11	2:29.34	q
16	Jacobs, Pierre-Daniel	15	Eastern Cape Aquatics-BU	2:29.04	2:29.79	q
17	Cloete, Scott X	20	Aquatics Gauteng Johannesburg-JH	2:30.31	2:31.93	
18	Malherbe, Nicholas N	18	Western Cape Aquatics-WC	2:24.05	2:34.26	
19	De Villiers, Sebastien G	16	Eastern Cape Aquatics-BU	2:29.05	2:34.86	
20	Theron, Francois F	29	Free State Aquatics-FS	2:34.53	2:37.03	
21	Gilbert, Andrew A	16	Western Cape Aquatics-WC	2:33.94	2:37.19	
22	Wills, Jayden T	21	Aquatics Gauteng Tshwane-TS	2:43.27	2:37.22	
23	Kinsey, Callyn L	19	KwaZulu Natal-ET	2:33.70	2:41.11	
---	Smit, Ruben F	19	Aquatics Gauteng Tshwane-TS	2:21.29	DQ	

SA National Aquatic SNR-Champ 2025-PE - 09/04/2025 to 13/04/2025**Results - Day 3 Morning Heats 11/04/2025****Event 305 Women 50 LC Meter Butterfly S1 - S15 Multi-Class**

26.23 WQA

27.15 WQB

	Name	Age	Team	Seed Time	Prelim Time	
Preliminaries						
1	Vyncke, Danika S13	17	Aquatics Gauteng Tshwane-TS	33.46	34.39	q
2	Janse Van Rensburg, Minke S14	20	Western Cape Aquatics-WC	38.02	37.82	q
3	Everson, Melisca S10	18	KwaZulu Natal-ET	36.06	36.45	q
4	Potgieter, Elnye S10	13	Aquatics Gauteng Tshwane-TS	41.64	43.75	q
5	Du Toit, Naseerah S8	16	Western Cape Aquatics-WC	47.20	J47.23	q

Event 306 Men 50 LC Meter Butterfly S1 - S15 Multi-Class

23.36 WQA

24.18 WQB

	Name	Age	Team	Seed Time	Prelim Time	
Preliminaries						
1	Sadie, Christian M S7	27	Western Cape Aquatics-WC	30.65	30.74	q
2	Nienaber, Geosh S S8	18	Aquatics Gauteng Johannesburg-JH	33.62	32.48	q
3	Coetzer, Leon M S10	14	KwaZulu Natal-ET	30.83	30.80	q
4	Willers, James W S10	19	Aquatics Gauteng Johannesburg-JH	31.24	31.49	q
5	Qamarana, Amkele V S15	21	Aquatics Gauteng Johannesburg-JH	31.48	31.12	q
6	Lawrence, Elih S14	22	Free State Aquatics-FS	41.33	41.28	q

SA National Aquatic SNR-Champ 2025-PE - 09/04/2025 to 13/04/2025**Results****Event 307 Men 400 LC Meter IM****4:17.48 WQA****4:26.49 WQB**

	Name	Age	Team	Seed Time	Prelim Time	
Preliminaries						
1	Sates, Matt E	21	KwaZulu Natal-ET	4:13.61	4:34.11	q
2	Goller, Matthew	15	Aquatics Gauteng Tshwane-TS	4:42.63	4:35.13	q
3	Breytenbach, Ruan	22	Aquatics Gauteng Tshwane-TS	4:39.17	4:36.19	q
4	Keylock, Kian C	19	Aquatics Gauteng Tshwane-TS	4:23.26	4:36.61	q
5	Casali, Cameron J	22	Aquatics Gauteng Tshwane-TS	4:37.40	4:36.92	q
6	Boshoff, Juan C	20	Aquatics Gauteng Tshwane-TS	4:30.07	4:37.99	q
7	Beatt, Will D	16	Eastern Cape Aquatics-BU	4:34.02	4:38.47	q
8	McWilliam, Benn D	18	Aquatics Gauteng Tshwane-TS	4:52.53	4:42.15	q
9	Wessels, Guy T	17	Aquatics Gauteng Tshwane-TS	4:41.58	4:43.40	q
10	Vd Linde, Sven C	19	Aquatics Gauteng Tshwane-TS	4:33.92	4:45.41	q
11	Els, Johnathan R	20	Aquatics Gauteng Tshwane-TS	4:34.85	4:47.05	q
12	Rolfe, Kayden J	17	Aquatics Gauteng Johannesburg-JH	4:42.92	4:47.43	q
13	Domiter, Claudio J	17	Aquatics Gauteng Ekurhuleni-EK	4:46.55	4:47.46	q
14	Terblanche, Luan L	16	Western Cape Aquatics-WC	4:50.86	4:50.68	q
15	Whelan, Kai R	15	Aquatics Gauteng Ekurhuleni-EK	5:00.46	4:51.61	q
16	Wellmann, Arkell J	22	Namibia Swimming Federation	5:14.52	4:51.74	q
17	Lamb, Patrick R	18	KwaZulu Natal-ET	4:44.58	4:55.52	
18	Hutten, Ruan	22	Aquatics Gauteng Tshwane-TS	5:09.83	5:02.90	
19	Holtzhausen, Neil	17	Northwest Swimming Federation	4:47.87	5:09.44	

SA National Aquatic SNR-Champ 2025-PE - 09/04/2025 to 13/04/2025**Results****Event 308 Women 400 LC Meter IM****4:43.06 WQA****4:52.97 WQB**

Name		Age	Team	Seed Time	Prelim Time	
Preliminaries						
1	French, Sofia D	18	Aquatics Gauteng Tshwane-TS	5:00.89	5:01.21	q
2	Williams, Katherine	16	Aquatics Gauteng Johannesburg-JH	5:08.44	5:05.62	q
3	Evans, Caitlin N	14	Western Cape Aquatics-WC	5:02.95	5:05.66	q
4	Horne, Kaitlynne D	17	Eastern Cape Aquatics-BU	4:54.97	5:10.83	q
5	Gouws, Lara W	16	Aquatics Gauteng Tshwane-TS	5:05.76	5:13.25	q
6	White, Chelsea	18	Aquatics Gauteng Johannesburg-JH	5:12.85	5:14.61	q
7	Stewart, Megan	18	KwaZulu Natal-ET	4:56.79	5:14.71	q
8	Shepherd, Megan L	21	Aquatics Gauteng Tshwane-TS	5:08.41	5:17.57	q
9	Mc Laren, Sarah L	18	KwaZulu Natal-ET	5:13.81	5:17.84	q
10	Venter, Zuria I	14	Aquatics Gauteng Ekurhuleni-EK	5:10.66	5:19.53	q
11	Gray, Loghan A	17	Aquatics Gauteng Johannesburg-JH	5:14.79	5:21.34	q
12	Dal Medico, Michaela A	19	Aquatics Gauteng Tshwane-TS	5:11.93	5:22.98	q
13	Gous, Morgan A	14	Eastern Cape Aquatics-BU	5:11.00	5:23.10	q
14	Roman, Jemmah A	14	Eastern Cape Aquatics-BU	5:27.54	5:28.96	q

SA National Aquatic SNR-Champ 2025-PE - 09/04/2025 to 13/04/2025**Results - Day 3 Morning Heats 11/04/2025****Event 309 Women 100 LC Meter Breaststroke S1 - S15 Multi-Class****1:06.87 WQA****1:09.21 WQB**

	Name	Age	Team	Seed Time	Prelim Time	
Preliminaries						
1	Allwood, Kate S SB15	16	Western Cape Aquatics-WC	1:37.42	1:36.76	q
2	Ferreira, Alani SB12	26	KwaZulu Natal-ET	1:24.87	1:25.23	q
3	Vyncke, Danika SB13	17	Aquatics Gauteng Tshwane-TS	1:25.36	1:27.18	q
4	Swanepoel, Kat M SB4	37	Aquatics Gauteng Johannesburg-JH	2:23.96	2:37.15	q

Event 310 Men 100 LC Meter Breaststroke S1 - S15 Multi-Class**59.75 WQA****1:01.84 WQB**

	Name	Age	Team	Seed Time	Prelim Time	
Preliminaries						
1	Hendricks, Nathan SB13	19	Aquatics Gauteng Tshwane-TS	1:09.30	1:12.27	q
2	Sadie, Christian M SB7	27	Western Cape Aquatics-WC	1:33.09	1:24.36	q
3	Nienaber, Geosh S SB7	18	Aquatics Gauteng Johannesburg-JH	1:31.51	1:29.68	q
4	Coetzer, Leon M SB9	14	KwaZulu Natal-ET	1:27.81	1:30.73	q
5	Terblanche, Tiaan SB13	14	Western Cape Aquatics-WC	1:36.07	1:31.59	q
6	Lawrence, Elih SB14	22	Free State Aquatics-FS	1:41.91	1:42.30	q